Vol. 12, No. 40 Oct. 7, 2005 Hickam AFB, Hawaii

News **Notes**

The Hickam Hispanic Heritage Committee -

The committee has planned various activities for the month.

Salsa classes at the base gym start Monday, Tuesday and Thursday at 7:30 p.m. and Oct. 11 and 13 at 7:30 p.m. For details call Staff Sgt. Mario Leon at 655-3166.

Hispanic Heritage month banquet is Oct. 14 starting at 6:30 p.m. with social hour.

Cost is \$15. For more info and tickets call Senior Airman Iris Figueroa at 306-8245; Airman 1st Class Jennifer Reynolds at 206-9214 or Capt. Jose Sorto, 448-6332.

Top 3 Meeting - The Hickam TOP 3 Association

See NOTES, A5

Congrats to new Lt. Cols

15th Security Forces Squadron

56th Air and Space Plans Michael Babyak Daniel Pepper

502nd Air Operations Squadron John Bernhart II Daniel Hauck Patrick King

692nd Intelligence Group Ramona Younghanse

Pacific Air Forces Peter Bako Steven Gauthier Stephen Kornitzer James Phillips Eric Trychon Joesph Deane Donna Richards Benjamin Alley

Sean Jeffers

Timothy Cook Air Mobility Operations Control Center Robert McCrady

U.S. Pacific Command Thomas Black Kenneth Ragsdale Jeffery Smith Matthew Harris William Patterson

AFELM MED DOD Peter Breed

Special Operations Command Pacific Shay Carnes Robert Carraway Greg Kalua

Carlos Ortiz

Air Force Material Command Raymond Miller

In this week's Kukini



Lt captures fitness titles **B**5

Around the Air Force A7 Classifieds Crossword B2 Movies B2 A2 Perspective A6 Services B5-B6 Sports

Hickam welcomes CSAF Gen. Moseley

HICKAM AFB - Chief of Staff Gen. T. Michael Moseley touched down here Wednesday evening, kicking off a multi-day general officer call. The call, held at Headquarters Pacific Air Forces, is the second of three sessions offering Air Force general officers an opportunity for open discussion of Air Force matters.

"I think it is useful to get all the general officers together to have a little bit of a chat - a two-way chat ... so we can all [begin] this new chief tenure on the same sheet of music," the general told the Air Force Times during a Sept. 21 interview.

One of the goals of the general officer call is to discuss the new Chief of Staff's priorities which are: Win the war in Southwest Asia, Take care of Air Force personnel, and Modernize and recapitalize the Air Force's aging aircraft fleet.



Chief of Staff of the Air Force Gen. T. Michael Moseley

Brief Bio

As the Chief of Staff of the U.S. Air Force, he serves as the senior uniformed Air Force officer responsible for the organization, training and equipage of more than 710,000 active-duty, Guard, Reserve and civilian forces serving in the United States and overseas

As a member of the Joint Chiefs of Staff, the general and other service chiefs function as military advisers to the Secretary of Defense, National Security Council and the President.

General Moseley's staff assignments have been a mix of operational, joint and personnel duties. These include serving in Washington, D.C., as Director for Legislative Liaison for the Secretary of the Air Force; Deputy Director for Politico-Military Affairs for Asia/Pacific and Middle East, the Joint Chiefs of Staff; Chief of the Air Force General Officer Matters Office; Chief of Staff of the Air Force Chair and Professor of Joint and Combined Warfare at the National War College; and Chief of the Tactical Fighter Branch, Tactical Forces Division, Directorate of Plans, Headquarters U.S. Air Force.

Command holds dedication ceremony

By David Hopper

15th Logistics Readiness Squadron

Pacific Air Forces officials held a dedication ceremony Oct. 3, in honor of Lt. Col. Karolen Kay Fahrni the former commander of Pacific Air Forces' Headquarters Squad-

General Paul Hester Pacific Air Forces commander hosted the ceremony which was a solemn occasion to remind all in attendance of a leader who shined above all. General

Hester said the decision to dedicate the Pacific Air Forces Commander Support Suite to Colonel Fahrni is not a decision based on emotion. The decision was made because "she was able to rise above personal issues and show service beyond self".

The former squadron commander will always be remembered as her name becomes part of Pacific Air Forces commitment to excellence. Chief Master Sergeant

See DEDICATION, A5



General Paul Hester, PACAF commander, and retired Lt. Col. Robert Wahl, unveil the sign dedicating the Pacific Air Forces Commander Support Suite to Lt. Col. Karolen Fahrni.

Fire prevention activities focus on educating

By Assistant Fire Chief George Crowder

15th Civil Engineering Squadron

In an effort to battle home fires before they start, the Hickam Fire Emergency Services Flight is taking the lead role in National Fire Prevention Week, Oct. 9-15, by hosting local activities that will both entertain and educate the base pub-

The FESF hopes to raise awareness of key fire safety issues. Personnel will gain beneficial knowledge that will help prevent residential fires and fire related

"Many people don't realize that they are at a greater risk from fires at home than anywhere else," said Fire Chief William A. Moore Jr. "Fortunately, there

are many fire safety initiatives that resi- • Fire Prevention Week Parade Oct. 14, 5 dents can implement to make their homes safer. During Fire Prevention Week we • Fire House of Hazards & Fire reach out to the community to educate people of all ages on how to prevent fires. This year, we will focus particularly on candle fires, a serious national fire safety

According to Fire Inspector Staff Sgt. Milton Miranda the Fire Department has lined up Fire Prevention Week activities for the Hickam community, Oct 11 to 15.

- Fire Prevention Demonstrations at Mokulele, Hickam and Nimitz Elementary Schools
- Fire Drills and Demonstrations at CDC Main, CDC West and CDC Pre-School
- Informational Activity at the BXTRA -Oct.14 from 11:30 am to 1 p.m. • Fire Drills – Various Locations

to 6 p.m.

Equipment Display - BXTRA, Oct. 15 from 9:30 a.m. to 12:30 p.m. Fire Prevention Week has been spon-

sored by the National Fire Protection Association for 83 years and is proclaimed by the President of the United States each year. This is the longest running safety commemoration and the premier fire safety program of the fire service. Fire Prevention Week draws participation from civilian and military fire departments across the nation and

Home candle fires in the U.S. have risen steadily during the last decade.

See FIRE, A5

New South Korean F-15s stop at Hickam

By Tech. Sgt. Rusty Barfield Air Force Print News

The two newest F-15 Eagles off the Boeing production line in St. Louis are on their way to South

Republic of Korea Air Force officials purchased 40 fighters from Boeing for \$4.2 billion, and the first two stopped here Oct. 2 on their way

"We have been coordinating with Pacific Air Forces to get us over to South Korea," said Ed Wilson, a Boeing test pilot who has been planning this delivery mission for eight months.

"It all came together at the last moment. We worked hard to put it all together.'

KC-135 Stratotankers from the

Hawaii Air National Guard will refuel the two fighters on their way to Andersen Air Force Base, Guam, where they will stop before arriving in South Korea.

Boeing test pilots and South Korean fighter pilots took the first two F-15s through a number of performance tests on their way to

See F-15, A4

FSC's new partner that never sleeps

By Kirsten Tacker Kukini Photojournalist

The Family Support Center has partnered with Air Force OneSource and expanded services available 24 hours a day, 365 days a year.

AFOS gives personalized support, referrals to military and community resources, workshops, online articles, educational materials, booklets, audio recordings, phone consultation and face-to-face counseling at no cost to the Air Force member or depend-

"AFOS is another way for people to get information on everything from relocation to marriage and family concerns," said Livingston, community readiness consultant at the Family Support Center.

AFOS maintains useful information and resources specifically designed to help individuals deal with life's issues balancing work and family life.

"You can actually go to www.onesource.com and it is broken up into Navy, Army, Air Force or you can go directly www.airforceone.source .com," said Ms. Livingston.

AFOS is a virtual extension of existing Air Force community support also useful for Air Guard and Reserve Airmen.

It is a resource that helps connect people to whatever their need is and a vital opportunity to provide critical support to Air Force personnel and their families.

"The thing that they are

See FSC, A5

It's all about your attitude

Next week the 15th Airlift Wing and 154th Wing will conduct an Initial Response Readiness Exercise (IRRE). Our goal is to make sure that these two Team Hickam units are ready and able to deploy in the event of war or contingency.

Although the 15th and 154th have worked closely over the years, we will soon become much closer partners as together we fix and fly eight C-17s that will be assigned at Hickam.

This partnership is not traditional. There are those who say it can't be done. I disagree. I've talked with people of all ranks in both wings and know you will succeed because you have the right attitude.

It is amazing what you can get done with the right attitude. If you don't accept "can't" or "it's not my job" and focus on "how can I get this done" you can do remarkable things ... you do them every day. When we started the monthly fitness run there were those who said it couldn't be done on



Photo by Army Spc. Juan Jimenez Senior Airman Gary Haag, 25th Air Support Operations Squadron, carries the guidon in and leads a formation of 25th ASOS members and 15th Airlift Wing leadership, to include Col. Bill "Goose" Changose, 15th AW commander during the Tropic Lighting Division run on Schofield.

Hickam. Through the ingenuity of a couple of NCOs, and cooperation of the whole base population we

now typically have almost 1,000 runners from every unit joining in the fun.

Two weeks ago the call

came to deliver critical medical supplies and personnel to the Marshall Islands. In less than 12 hours Team Hickam (Kenney HQ, 15 AW, 154th Wing and 735th Air Mobility Squadron) launched a C-17 on its way and successfully completed the mission.

There is a proven track record here, success is what we do. So while you're participating in the IRRE next week, be true to yourselves. Continue to think of innovative solutions, work together and focus on the mission. In short keep a great attitude and figure out ways we can improve.

Kudos to members of the 15th Comptroller and 15th Contracting squadrons for their work during the fiscal year close out. Both of these units had people who worked through the night last Friday in order to buy things to improve mission capability and make life better on Hickam.

Have a great three-day weekend Sky Warriors. Be good wingmen and be safe.

Action Line

The purpose of the Action Line is in its name. It's your direct link to me so we can work as a team to make Hickam a better community.

It also allows you to recognize individuals who go above and beyond in their duties – and we all know there are plenty of those folks here.

All members of Team Hickam are welcome to use the Action Line; however, I urge you to give the normal chain of command the first chance at resolving problems or issues.

It's only fair to give our commanders and managers the first opportunity to work issues under their responsibility. If you have done this and are still not satisfied, give my commander's Action Line a call.

If you would like me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response.

I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@ hickam.af.mil

Housing in Onizuka Village

Comment: My remarks are in regard to base housing and in particular the building 2338 area of Apollo Ave in Onizuka Village. Newly assigned to Hickam AFB, I accepted residence in 2338A on 10 Aug 05, and at that time I mentioned to the housing representative the unsatisfactory condition of the unoccupied units in our cul-desac. I also made note of these deplorable conditions on the housing acceptance form. The housing representative stated that she would inform the housing

inspectors and that they should address the issues. Since it has been almost three weeks and no action has been taken, I believe you would want to be made aware of the situation. The condition of these unoccupied units does not live up to the billing in the opening paragraph of the housing brochure. There are also issues specific to my house, but hopefully housing maintenance will rectify them. Thank you for your time, and I would greatly appreciate any assistance you can

Response: Thank you

for bringing this to our attention, and I apologize for the unsightly conditions you and your neighbors have encountered. Although the units in question were vacant they should have been cleaned, but had not been added to the monthly listing for clean-up by the maintenance contractor. We had the maintenance contractor clean up the yard debris in the front and back of the two units and also repaired the front screen door. The acting Facilities Chief made a follow-up visit to ensure the work had been completed. As a result, our housing inspectors have been directed to inspect vacant areas every week in order to prevent these type discrepancies in the future. The Housing Office welcomes residents' comments, good or bad, and are open to recommendations for improvements that would enhance the living condition of our base housing residents. Please feel free to contact the Family Housing Maintenance Office whenever unsightly conditions around vacant housing units exist. Housing Maintenance personnel can be contacted at 448-3118, 448-3650 or 448-3655.

Develop the true leader within

Master Sgt. Cliff Lucente 17th Operational Weather Squadron

About 21 years ago, I remember arriving to my first duty location as a young Airman. I had made it through Avionics Tech School at Lowry AFB in Colorado and was assigned to Cannon AFB in sunny New Mexico. There, I performed well and was recognized by my shop leadership. I was rewarded with a medal and promoted below the zone to Senior Airman! The world was my oyster and I was ready to seize my Air Force career by the horns.

Cut to five years later, this time at RAF Lakenheath in the midst of the Cold War. We exercised often and spent a lot of time in gas masks. The job was tough and the pace was fast. I had trouble keeping up and it began to reflect in my performance. I was no longer at the top of the heap for a time, but then for some odd reason my career began to spiral downward. Why? Perhaps it was time for a change and at the nine-year point it came.

The change I needed came in the form of re-training and I chose the challenge of weather forecasting. Now as a seasoned Staff Sgt., I thought this challenge would be just the ticket to jump-start my stuttering career. The technical training was tough. I wasn't an honor graduate but I did well enough to earn respect from my instructors and fellow students. A couple

of assignments later I ended up at Tinker AFB working in a weather data support role. The job was important as I was responsible for gathering and shipping weather information from around the globe. Real people were using this data everyday and the operational impact was vital to mission success! Yet, I couldn't look beyond my thoughts of being just another Staff Sgt. stuck in a mundane job and this eyes-closed attitude was starting to reflect in my EPRs.

Then one day I opened my eyes and began to watch. I watched those that earned big yearly accolades and those that won an award on the quarterly level. I watched those Airmen who pushed the envelope by taking college classes, earning a degree. I even watched those that evenfually earned a commission. I watched those who became experts at what their jobs were. They became invaluable and almost irreplaceable to their units. I watched those folks that went out nearly every weekend and volunteered their free time to the local community. Then one day, it dawned on me. The formula that I had looked for to guide my career was right in front of me the whole time. Some may call it the "wholeperson concept"; others call it filling the squares. For me it has become the formula for success in today's modern Air Force. Following are my six steps to guide you in developing the leader within you:

Technical competency.

You must have it. If you do your job, and do it well, you will earn the respect of those above and below you. In turn, your leadership will begin to challenge you with more responsibility and with that comes greater rewards.

- Air Force image. Your first impression is lasting! You must eat, sleep and breathe the proper Air Force image. Your physical fitness, the appearance of your uniform and haircut are paramount, but you must also conduct yourself with proper military bearing. Treat others with respect and come to work with a positive outlook. Your duties may require you to work well beyond established "normal" hours. When this happens, check your attitude at the door and get the mission accomplished with a positive professional atti-
- Support your base and unit activities. We all like to go home at the end of the day, but there is no reason why the same guy has to run all the after-hour activities all the time. Step up and take charge of at least one major event a year and spread the wealth around. Picnics and Christmas parties are enjoyed by many and require support from com-
- mittees and fundraisers.

 Community involvement.
 There are many ways to support and improve the Air Force's relationship with the local community; adopt a highway, help at a

local soup kitchen, coach the local soccer team or become a Big Brother are just a few that you can take part in. Positive involvement has a ripple effect that reaches far and wide. The opportunities are endless.

- · Get involved with professional organizations. They exist solely for our benefit so it only seems right that we should help in their activities. Look for organizations such as the Air Force Sergeant's Association, Non-commissioned Officer's Association, and the Air Force Association. Find out where and when they gather and go to the meetings. They are great venues to network, make friends, practice public speaking and most of all, get involved.
- Education get all of it you can. Never stop learning!
 You should always be pursuing that next degree, whether it be professional, military, or secondary education that will enhance and improve your Air Force career.

I can't guarantee this formula will make the world your oyster or enable you to take the bull by the horns, but following these six steps will bring a solid level of success in your Air Force career. Additionally, your Air Force experiences will be positive, you will earn your co-workers' respect, people will seek your advice and along the way you will have nurtured and developed the leader within.

Hickam Diamond Tips

Position of Honor



Always give the senior person, enlisted or commissioned, the position of honor when walking, riding or sitting with him or her. The junior person should always take the position to the senior's left.

Source: AFPAM62-2241V1 ARTICLE # 22 Questions? Contact your First Sergeant."

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449-7272

Oct. 7, 2005 **A3** Hickam Kukini

Hickam Voices

Why is it important for everyone to know about domestic violence?



"Domestic violence is a problem where victims feel they have few avenues for relief and education could help prevent abuse."

> Lt. Col. Albert Guarino Kenney Headquarters Judge



"Domestic violence education is important because it is a hidden crime where victims don't realize that it is not their fault."

Master Sgt. Randy Rohrbacher 15th Airlift Wing Plans and Programs



"It is important to know the signs of domestic violence for your safety and also the safety of your family."

Senior Airman Chiquita Reese 15th Medical Group



Education is the key to identifying and eliminating domestic violence which is a threat to everyone."

Greg Hao, Civilian 15th Logistics Readiness Squadron



"It is important to be able to recognize the signs of domestic violence and thus prevent it from happening."

> Tarina Dahlke, Civilian 15th Services Squadron



"It is important because domestic violence is a threat that can affect any family at any time."

> Darren Dean, Civilian 15th Mission Support Group

Next week's question: What fire safety rules do you have at home?

JPAC medics participate in rescue exercise at Wheeler Army Airfield

Story and photos by Staff Sgt. Derrick Goode Photojournalist, JPAC/Public Affairs

On Sept. 28, Medics from the Joint POW/MIA Accounting Command participated in winch/hoist operations at Wheeler Army Airfield designed to give them hands on training in this exciting and difficult type of medical evacuation.

Members of the 68th Medical Company, 25th Infantry Division out of Wheeler Army Airfield, guided the JPAC medics through an overview of the equipment specifications and limitations; equipment inspection and maintenance; preparation of the patients; and the verbal commands and hand signals used between pilots and

"The primary reason for receiving this training is a lead into the actual hands-on we may be required to do with the Laos West Coast helicopters during JPAC recovery missions in said U.S. Army Capt. Tom Hettich, JPAC J3 Medical Officer. "We need to be prepared to remove injured personnel in dense jungles and other areas where there are no landing zones.'

Capt. Hettich hopes this training will never be necessary, but in case it is, JPAC medical personnel will be conducting this training quarterly in Hawaii with the intent of having a pool of medics to pull from for JPAC recovery missions to Laos. Once the trained medics arrive in Laos they will receive an additional eight hours of training with the Laos West Coast helicopter teams. At the completion of that training they will be authorized to hoist during daytime flights in fair weather.

"The training we did was very successful," said Capt. Hettich, "we were able to familiarize the team members with hoist equipment, procedures and operations without any injuries.'

Each of the two-man teams was able to ride in the helicopter and listen to the commands between the hoist operator and pilots. On the ground they were able to hook the Skedco litter to the cable and control the litter to prevent it from spinning as it was hoisted. With the unpredictable wind gusts, flying debris and unrelenting noise created by the hovering UH-60 Blackhawk helicopters the teams were able to experience just how difficult these operations can be even in the relatively calm conditions at Wheeler Army Airfield.

Having already successfully completed the training, Master Sgt. Robert Lancaster, JPAC J3 Medic, said, "The training here really gives you a good idea of all the difficulties you'll be facing when you try to do this out in the field, particularly trying to secure the patient so they won't come loose during the hoist."

Sergeant Lancaster, who also had winch hoist training in Cambodia, believes it's important for JPAC to have realistic medical training to maintain proficiency and medical readiness for times when it's really needed.

of 11 personnel; a medical officer, two U.S. Army Special Forces medics, four Air Force Independent Duty Medical Technicians, three Navy Independent Duty Corpsman, and one civilian med-





Top: Members of the Joint POW/MIA Accounting Command hoist a SKEDCO litter into a hovering UH-60 Blackhawk helicopter during winch/hoist training at the Dust-off on Wheeler Army Airfield, Sept. 28.

Bottom: Staff Sgt. Lonnie Bennett (left), crew chief on the UH-60 Blackhawk helicopter, assists Marine Capt. George Murphy, Joint POW/MIA Accounting Command S-team member, as he prepares a SKEDCO litter to be hoisted onto a hovering Blackhawk.

The JPAC medical section has a total JPAC are highly qualified and experienced as most have former operational experience and 15 plus years of military service.

"Our primary responsibility in the field during missions is the health and welfare

ical supply specialist. All of the medics in of the JPAC team members," said Capt. Hettich. "We are there to help prevent injury and illness, and to diagnose and treat them if necessary. In cases of emergencies we are able to stabilize the casualties and sustain their lives until they reach the next level of medical care.

Information Operations recognized with Lance P. Sijan awards

By 1st Lt. **Craig Savage** 15th Airlift Wing Public Affairs

Three members Hickam's information operations team earned the 67th Information Operations Wing's Lance P. Sijan award in September.

Maj. Greg Gillinger, Senior Master Sgt. Dale Armstrong, and Master Sgt. select Zak Petrovic were recognized as leaders who demonstrate the highest qualities of leadership in the performance of their duties and the conduct of their lives.

"Major Gillinger, Senior Master Sergeant Armstrong

and Sergeant Petrovic are representative of the quality of Airmen we have in the 352 IOS. It's fantastic to have their leadership and skills recognized with this prestigious award," said Lt. Col. Laura Berry, 352nd IOS command-

Hickam almost made a clean sweep of the awards with three of the four recipients stationed here.

Major Gillinger, 352nd Information Operations Squadron director of operations, earned top honors in the Field Grade Officer category. Major Gillinger is the DO for an 83-person operations flight with one geo-



Medal of Honor recipient Capt. Lance P. Sijan

graphically separated unit. Colonel Berry describes him as a talented innovator revolutionizing squadron opera-

Sergeant Armstrong. received the most votes from the wing in the Senior Noncommissioned Officer category. Armstrong, who recently changed stations to Peterson AFB, Colo., was the 56th Information Warfare Flight superintendent and first sergeant for 25 Airmen in garrison and 65 during the Air

Operations Center activation. Tech. Sgt. Zak Petrovic, Information 352nd Operations Squadron NCOIC of Systems Maintenance, earned the nod as the top Junior Non-Commissioned Officer for the Sijan award. He led his unit to a 100 percent compliant rating, supervised a 10-person maintenance team supporting Pacific and Korean Tactics and Adversary Studies Elements, and orchestrated a successful field test of an advanced voice monitoring system with world-wide implementation

in fiscal year 2006. "From day one sergeant Petrovic has brought not only

technical expertise but outstanding leadership skills. He quickly made himself the center of all comm. and maintenance issues for the said Colonel squadron," Berry.

"I couldn't believe it when we learned that three of the four 67th IOW winners were from Team Hickam," said Colonel Berry. "Our wing is huge and has organizations all over the world. I was hoping for maybe one for my squadron. Three from Team Hickam was a fantastic surprise. It's evidence of the quality of Airmen we have supporting PACAF operaA4 Oct. 7, 2005

Gift of Groceries can help military families displaced by Katrina

By Bonnie Powell

Defense Commissary Agency

Thousands of American troops are involved in relief efforts in the wake of Hurricane Katrina. Military families are also among those displaced by the disaster. Now a special link at http://www.commissaries.com will connect those interested in helping military families with a "gift of groceries."

The donated gift certificates can be used to assist military families in purchasing groceries at the commissary while they are temporarily housed at other installations.

Commissaries are a military benefit, providing groceries at cost to active duty, retired and Guard and Reserve families.

"Several organizations, including Air Force Aid Society, the USO and Fisher House Foundation already receive thousands of dollars in commissary gift certificates every year to help military families in need," said Patrick Nixon, chief executive officer and acting director of the Commissary Defense Agency. "In this case, Fisher House Foundation and Air Force Aid Society are in a position to distribute gift certificates to military families

from the affected area."

"We are making it possible for people to earmark their donations for Katrina relief," said Mike Baskerville, vice president of Certifichecks Inc. "The link will stay up until the need has been met." The Gift of Groceries program is made possible through a business agreement with CertifiChecks Inc. at no cost to DeCA or the federal government. The program allows anyone to purchase commissary gift certificates to donate or give as gifts, but only authorized commissary shoppers can spend them.

Air Force Aid Society is assisting with displaced fami-

lies in the southern United States. About 1,000 evacuees are at Maxwell Air Force Base, Ala., and help is also needed at more than 10 other installations where evacuees are temporarily housed. Families at Tinker AFB, Okla., are already getting commissary gift certificates as they settle in, according to family support center officials.

"Thirty patients in their last trimester of pregnancy were relocated to Lackland Air Force Base [Texas] from Keesler [AFB, Miss.]," said David Coker, executive director of Fisher House Foundation. The Fisher House Foundation has constructed 33 comfort homes for military families who have loved ones being treated at military medical centers. "We are also helping at other installations and in other situations. For instance, residents at the Navy Armed Forces Retirement Home in Gulfport [Miss.] are now living at the AFRH home in Washington, D.C."

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost

plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of 30 percent or more on their purchases compared to commercial prices - savings worth about \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.



Photo by Tech Sgt. Shane Cuomo Republic of Korea Air Force Lt. Col. Teakhwan Song, Pacific Air Forces Liaison Officer greets ROK Air Force Maj. Young Su Lee after landing at landing at Hickam.

F-15, From A1 –

Hawaii.

ROK Air Force Maj. Young Su Lee said he likes what the new F-15 brings to his Air Force.

"The South Korean Air Force will now have a jet to extend our operation limits, and have precision attack for long distances," he said. "It will enhance our operation between the (ROK) Air Force and the

U.S. Air Force."

This K-model F-15 is compatible with other ROK Air Force systems as well as U.S. assets in the region. The K-model version packs all the latest avionics capabilities available on the market.

This newest version of the F-15 will make its debut at the ROK Air Show in late October.

Master STEP



Photo by Mark Bates

Newly promoted Master Sgt. David Aguillard, Pacific Air Forces Command Equipment Manager, receives a letter of congratulations from Gen. Polly Peyer, Director of Logistic PACAF, while Sergeant Aguillard's wife, Cynthia holds on one of his new E-7 stripes. The master sergeant was promoted through the Stripes for Exceptional Performers program.

Oct. 7, 2005 **A5** Hickam Kukini

HICKAM FIRE DEPARTMENT

FIRE PARADE & DISPLAY

FIRE PREVENTION PARADE

Military Family Housing

Oct. 14, 5 to 6 p.m.

Fire Display - BXTRA MALL

Oct. 15, 9:30 a.m. to 12:30 p.m.

• Fire Trucks & Equipment Displays

• Fire Safety Games & Prizes
• Crash/Structural/Rescue/EMS Crews

• Explosive Ordnance Disposal Displays

Use flashlights.

In addition to using candles

safely, Hickam residents are

urged to: develop and practice

a home evacuation plan twice

a year; test your smoke detec-

tors monthly; don't leave

cooking unattended and don't

overload electrical circuits.

Hickam's community can

learn more about candle safe-

ty and fire prevention aware-

ness by visiting NFPA's offi-

cial Fire Prevention Week

Web site: www.firepreven-

tionweek.org. or by contact-

Prevention Office at 449-

ing the

8118.

Hickam Fire

FEATURING: (ALL FREE!)

• Keiki Fire Safety House

Sparky the Fire Dog

DEDICATION,

From A1 -

Michael Rennie, First Sergeant, Pacific Air Forces' Headquarters Squadron.

said Lt. Col. Fahrni "epitomized the core values Air Force professionals embrace: integrity, service and excellence."

Colonel Fahrni was a professional in every way and she was more than just a leader. According to Tech. Sgt. Shannon Leger, PACAF Executive Headquarters Services, "she was able to make anybody laugh and she would always make the best of any situation."

The lieutenant colonel is survived by her husband retired Lt. Col. Robert Wahl, their two children, daughter Mikaila and son Justus, her father, retired Marine Lt. Col. Leonard Fahrni, her mother Helen Fahrni and her two brothers Len Fahrni and Allen Fahrni along with his wife Susan and their four children.

Within the walls of the national historic landmark known as Headquarters Pacific Air Forces Lt. Col. Karolen Kay Fahrni is forever memorialized and her legacy will be preserved for all ages.

FSC, From A1

really wanting to stress right now is the face-to-face counseling, up till recently they didn't provide that," shared Ms. Livingston. "What AFOS is doing they are beginning to offer face-toface counseling to Airmen

your particular situation."

for short-term, solutionfocused, face-to-face counseling at no cost to all active duty,

active or inactive Guard or Reserve, and their immediate families.

sturdy, won't tip over easily,

are made from a material

that cannot burn, and are

large enough to collect drip-

• Keep candles and all open

flames away from flamma-

• Keep candle wicks trimmed

to one-quarter inch and

extinguish taper and pillar

candles when they get to

within two inches of the

holder. Votives and contain-

ers should be extinguished

before the last half-inch of

During power outages,

avoid carrying a lit candle.

wax starts to melt.

ping wax.

ble liquids.

"They don't have to go to counseling," said

and say I am having problems way is more confidential."

AFOS counselor.

AFOS has other interesting

reported that his Makita drill and batteries were taken from his construction site. Investigation is pending. Cost of stolen merchandise: \$140

Shoplifting Medical Response

Crime

Army Medical Center.

Security forces patrol

was dispatched to four

active Air Force family

members involved in

physical altercation on a

school bus. Sponsors and

first sergeants were noti-

Theft of Private Property

ber reported his mountain

bike was taken from his

back yard. Investigation

is pending. Cost of stolen

Theft of Private Property

A civilian contractor

merchandise: \$150

Active Air Force mem-

fied and responded.

Patrol Response

Active Army member Hickam fire department was detained by Army Air team was dispatched to a Force exchange service base dormitory for a call store detectives for of an active Air Force shoplifting. Total cost of member having an allergic stolen merchandise: reaction. Member was \$23.98 transported to Tripler

Shoplifting

Two active Navy family members were detained by Army Air Force exchange service store detectives for shoplifting. Total cost of merchandise: stolen \$208.83

Verbal Dispute

Security force patrol was dispatched to Hickam housing for a possible domestic call. Upon arrival, an active Air Force member and spouse were involved in a verbal dispute. Active member's first sergeant responded and resumed control of the situation.

and their dependents. They will refer you to a counselor and you get six visits free for

FIRE, From A1 -

During 2002, an estimated

18.000 home fires were start-

ed by candles. Nine thousand

of these fires occurred when

combustible material came

too close to the candle; eight-

een percent occurred after

candles were left unattended,

abandoned or inadequately

controlled; five percent were

started by children playing

with candles. These fires

resulted in an estimated 130

deaths, 1,350 injuries and an

estimated direct property loss

NFPA selected the 2005

Fire Prevention Week theme

in order to highlight a grow-

ing home fire concern. The

theme, "Use Candles with

Care: When you go out, blow

out!", is a memorable and

effective safety message. The

Hickam Fire Emergency

Services Flight encourages

household members to utilize

the following candle fire safe-

• Extinguish all candles when

leaving the room or going to

• Keep candles away from

items that can catch fire, like

clothing, books and curtains.

• Use candle holders that are

ty guidelines:

sleep.

of \$333 million.

AFOS will supply referrals

their primary care physician and say I need a referral for Ms. Livingston. "A lot of folks don't want to go to their PCP or marital problems. This new

Ms. Livingston sees AFOS's largest attribute as being available 24 hours, 7 days a week, so personnel can

call anytime to talk to an

benefits. "If you had someone that didn't speak the same language they supposedly have linguists available that speak all the different languages," said Ms. Livingston.

NOTES, From A1

meetings are now held on the first Wednesday of each month.

Next meeting is scheduled for Oct. 5 at 3 p.m. at the enlisted club. Guest speaker is Airman 1st Class Newcomb from AADD.

Suicide/Violence Awareness Briefing - Life Skills will be conducting mass suicide/violence awareness briefings at the Memorial Theater at: 8 and 10 a.m. and 1 and 3 p.m. five days: Oct. 11, 12, 13, 25, and 26.

For more information contact Master Sgt. Hall at ext. 449-0175.

ALS graduation set for Oct. 12 – The Hickam PME Center cordially invites Team Hickam to a celebration recognizing Airman Leadership School Class 05-D on the occasion of their graduation.

The diploma and awards ceremony will be held Oct. 12 at the Tradewinds Enlisted Club starting at 10:30 a.m.

Military dress is uniform of the day. Come out and help us honor this Air Force career milestone.

Community Center plans Family & Teen Talent Contest - The Hickam Community Center hosts the 2005 Family and Teen Talent Contest Nov. 4 at the Community Center. Moms, dads, brothers and sisters are invited to sing, dance, and perform together in the familyoriented event.

Contestants can enter in one of 15 categories: parent and child team; husband and wife team; children (ages 3 to 5);

children (ages 6 to 8); preteen solo (ages 9 to 12); preteen group (ages 9 to 12); teen solo (ages (13 to 15); teen group (ages 13 to 15); teen solo (ages 16 to 18); teen group (ages 16 to 18); and family. Videos of base winners will be submitted for an Air Force-level contest.

Those interested can call the Community Center at 449-3354 for more information.

TDY Travelers - The Commercial Travel Office (CTO) CI Travel requires four copies of your orders after your reservations are made

CI Travel will not issue vour paper or e-tickets without orders. You can contact the Traffic Management Office (TMO) at 449-6003 ext. 219. if you have any questions.

It is a starting point, espe-

cially if you are new to Hickam or the military and really unsure of who to call or where to go start with AFOS.

AFOS can be reached at

800-707-5784.





Koa Lounge Oktoberfest

Want to reminisce about your time in Germany or are you just up for a great time? Join us for first Friday Oktoberfest at the Koa Lounge tonight! Featuring DJ "G-Man" from 7 to 10 p.m.

Boofest

Experience the haunted woods of Bellows Air Force Station on the Duck of Doom! Reach frightening heights on the Bloody Bungee Trampoline! Climb the Rock Wall of Terror! Come to Boofest at Bellows tonight and Saturday from 6:30 - 10 p.m. and enjoy all the free activities. There will be great food, snacks and drinks available for purchase. Wear a costume and enter the costume contest. Enjoy mask making, face painting, temporary tattoos and much more!

Monster movie fest

Get in a Halloween spooky spirit with the Halloween Monster Movie Fest at the Teen Center this Friday and Oct. 14. Preteens meet from 3 to 5 p.m. and teens meet from 7 to 9 p.m. Join us for a spooky good time and free popcorn!

Moonlight madness

Join us for our monthly potluck and ceramic marathon at the Arts and Crafts Center Ceramics Shop this Saturday! Held the second Saturday of every month, we offer good eats, great fun and lots of ceramics making. This month's event will be held Saturday, from 9 a.m. to 10 p.m. For information call 449-1568, ext. 103.



Football Frenzy

Football Frenzy is every

Monday beginning at 3 p.m. There will be beverage specials, free pupus, and prizes for members. On Sunday mornings at 7 a.m., you can also come in and root for your home team at NFL Live! Free breakfast plate for member and spouse! Cost for additional guests is just \$5!

Ouilt sauare swap

Make a quilted square and bring it in to exchange ideas and patterns on Thursday from 6 to 8 p.m. This event is designed to see if there is interest in developing a quilting club. For more information, call 449-1568

Quarterly birthday meal

The Quarterly Birthday Meal will be held on Thursday at 5 p.m. at the Hale Aina Dining Facility. Please contact your First sergeant for details and reservations.

Craft techniques night

Every Thursday from 6 to 8 p.m. is Craft Techniques Night at the Arts and Crafts Center. Come learn something new with us!



Barbeque Mongolian style

Mongolian BBQ is served Thursdays from 5:30 to 8 p.m. on the Officers Club lanai. The menu consists of approximately twenty vegetables, five meats and a variety of oils and spices for seasoning. Price is sixty cents per ounce with a \$1 off Members First Discount. Call 448-4608 for details.



Calling all crafters!

Registration begins Oct. 15 for the 30th Annual Fall Craft Fair and Dog Show. Registration will be held at the Arts and Crafts Center Gallery and will continue until Nov. 4. Cost is \$65 per booth or \$85 for a shared booth. The event will be held on Sat., Nov. 5 from 9 a.m. to 3 p.m.



Family and teen talent contest

The Community Center will be hosting the 2005 Family and Teen Talent Contest on Friday, Nov. 4. The Community Center invites moms, dads, brothers and sisters to sing, dance and perform together in this family-oriented event. Contestants can enter in one of 15 categories: parent and child; husband and wife; children (ages 3 to 5); children (ages 6 to 8); preteen solo (ages 9 to 12); preteen group (ages 9 to 12); teen solo (ages 13 to 15); teen group (ages 13 to 15); teen solo (ages 16 to 18); teen group (ages 16 to 18); and family. So get your act together and register for this family-fun event! Videos of base winners will be submitted for an Air Force level contest! "We invite everyone to enjoy an evening of entertainment while cheering for their coworkers and neighbors," said Julie Klembara, Community/Youth Programs Director. Call the Community Center at 449-3354 for more information.

Torch Club

Torch Clubs are chartered small-group leadership and service clubs for boys and girls in middle school focusing on character development. A Torch Club is a powerful vehicle through which club staff can help meet the special needs of younger adolescents at a critical stage in their development. Torch Club members learn to elect officers and work together to plan and implement activities in four areas: service to club and community, education, health and fitness and social recreation. Prospective members may join at any time throughout the year. For more information on the Torch Club program, please contact Mr. Kubo at 449-2233.

Editor's Note: To read the complete stories and find more Air Force News, go to www.af.mil.

CDC, health pros offer tips to help children

LANGLEY AIR FORCE BASE, Va. (AFPN) – "I miss my mommy," said Emani Wilcox in a matter-offact tone that only children can seem to muster.

For a second, there was a swelling of tears in her eyes. Then she saw the camera and was all smiles.

"Cheese!"

Once the camera flashed, she was back to playing and laughing with her friends. Other than the little glimpse of sadness when asked about her mom, Emani is happy and content.

Emani's mom, Senior Airman Deborah White, deployed to Iraq supporting Operation Iraqi Freedom. But today she is at home, and Emani could not be happier.

The transition from "mom being home," to "mom being deployed" and back again is rarely smooth, but thanks to the efforts of child-care providers at the child devel-

Stealth Security



Photo by 1st Lt. Craig Savage

Airman 1st Class Charles Lopez, 15th Security Forces Squadron, and Senior Airman Robert Davis, 15th Aero-Medical Dental Squadron, stand watch in front of F-117A NightHawks that were enroute back to Holloman Air Force Base, New Mexico, Monday. The fighters were accompanied by nearly 250 personnel returning to the southwest base.

opment center here, that process may be a little bit

Child-care providers offer consistency and routine for children when their parents are deployed, helping children deal with a parent being gone. For children in singleparent homes, having a parent deployed means living with a different family and sometimes living in a different house. In these situations, children need as much routine in their lives as possible, CDC officials said.

"We try to meet the individual needs of each child in our care," said Kelly McConnell child-care program director here. "We work with each child individually and address prob-

lems at home. We talk with them and help them cope, help them understand about mom or dad being gone.

"I want this place to be like a home," Mrs. McConnell said.

Even with the CDC's providers doing all that they can, the best predictor of how a child is going to respond when their parent deploys is how the stay-athome parent is handling the deployment, said Maj. Melissa Gould, 1st Medical Group's mental health flight commander.

"If the stay-at-home parent is emotionally distraught, their children will be as well," Major Gould said. "Children need to know that their parent is stable and can be depended upon. Children are egocentric and need to know how their parent's deployment is going to impact them."

Missing a parent for months can be confusing for a child. Parents need to normalize those feelings of confusion and encourage the child to talk about his or her feelings rather than express them in unhealthy ways, Major Gould said.

Parents should expect that children's behavior might

regress until they have acclimated to being without a parent. This regression can include bed-wetting, thumb sucking, tears at bedtime, difficulty getting to sleep and repetitive questions about the deployed parent, health officials said.

Stay-at-home parents should set clear and loving boundaries so the child can keep his or her focus on school and extracurricular activities.

If a child lashes out because a parent is deployed, parents should remember it is a trying time for everyone. They should provide the child with consistency, love and tenderness so he or she can work through his or her feelings and stay healthy and happy, health officials said.

For more information, Airmen can contact their local family support center. (Story by Matthew R. Weir, 1st Fighter Wing Public Affairs)

Academy takes part in 'joint' study

U.S. AIR FORCE ACADE-MY, Colo. (AFPN) – The U.S. Air Force Academy has joined

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forces with civilian universities on a \$2.8-million study of risk factors for a common knee injury among athletes and servicemembers.

The prospective cohort study focuses on human movement risk factors involved in injuries to the knee's anterior cruciate ligament. Most ACL injuries are sports related and most occur when there is no direct physical contact between athletes. These injuries are also common in military training.

The study, led researchers at the University of North Carolina Injury Prevention Research Center, Duke University and Andrews Air Force Base, Md., and funded by the National Institutes of Health, began enrolling 1,600 Air Force cadets this past summer. The study will continue over a four-year period.

"We need to not just know how to repair ACL injuries, we also need to know how to prevent them," said Maj. (Dr.) John Tokish, an orthopedic surgeon and lead investigator for the study here. "This study will give us that knowledge."

Similar studies have been initiated at the U.S. Naval Academy and the U.S. Military Academy.

"A common protocol is being following followed across all three academies so all the data can ultimately be combined," said Maj. Tim Mazzola, the co-lead investigator for the study.

Upon entry into the study, cadets complete a baseline questionnaire that collects basic demographic data, as well as information about their injury history and recent sports participation.

Being able to enroll a large number of physically active men and women here is what makes the study possible, Major Mazzola said. Investigators are able to track over time any ACL injuries that may occur, as these will be treated in the academy's central orthopedics department.

Funding for the study comes from the National Institute of Arthritis, Musculoskeletal and Skin Disorders, a component of the NIH. The American Orthopedic Society for Sports Medicine provided funds for a preliminary "pilot" investigation conducted in 2002 to 2003.

Enlisted quarterly assignment listing available Oct. 11

RANDOLPH AIR FORCE BASE, Texas – The Enlisted Quarterly Assignment Listing for overseas returnees and continental United States mandatory movers for February to April 2006 requirements will be available Oct. 11.

Airmen need to work through their commander's support staff to update their preferences. Deployed personnel or those on temporary duty assignments can contact the nearest personnel office for assistance. Assignment preferences must be updated by Oct. 27. Airmen will be notified of their selection no later than Nov. 15.

EQUAL advertises upcoming assignment requirements, by Air Force Specialty Code and rank. Members are instructed to review, prioritize and update their assignment preferences based on the EQUAL list.

People can view the lists on the AFPC home page at

https://afas.afpc.randolph.af. mil/amsweb/master.cfm or at local MPFs.

Cutting-edge communications essential

CLEVELAND, Texas (AFPN) – Communication is like water, heat or air conditioning – it is virtually invisible when the system is operating smoothly. No one notices it unless it stops. While most military communications technicians understand that attitude and generally stay out of the spotlight, the Incident Commanders, Command, Control and Communications Unit may change that.

IC4U is a mobile communications terminal that looks like a small camper pickup truck. Although it looks unassuming, its mission is anything but mundane. It was developed as a solution to the communication problems encountered during Sept. 11, 2001.

"The IC4U was developed specifically as a homeland security asset to enable intera-

gency cross talk (among) local civic entities after a disaster," said Master Sgt. Tony May of the Georgia Air National Guard's 283rd Combat Communications Squadron.

The state sent its IC4U package to support the Texas National Guard after Hurricane Rita devastated the area.

"These can be set up and running in about 15 minutes," said Tech. Sgt. Jeremy McGinnis of the 283rd CCS. "That's the beauty of it."

The five-person team of Army and Air National Guardsmen flew with the IC4U to Austin, Texas, deplaned and convoyed to the Westheimer Armory Houston on Sept. 23 to wait out the storm. They spent two nights in Beaumont, Texas, before receiving orders to provide communications support to 250 guardsmen at a local high school. Texas guardsmen have been helping local agencies distribute food and water until electricity is restored.

The IC4U had its first operational test in New Orleans and at the Houston Astrodome

in the aftermath of Hurricane Katrina

"We're the first ones in Georgia to come out and use it, so I guess that makes us the subject-matter experts," said Tech. Sgt. Andrew Smiley, also of the 283rd CCS.

Currently there are a handful of IC4Us operating in various states, Sergeant Smiley said. The equipment is so new, most commanders and civilian emergency responders do not understand its full capabilities, he said.

"Civilians don't know what assets the military brings to the show and vice versa," Sergeant McGinnis said. "It's hard to ask for something when you don't know what's there or you don't know what you need."

Besides telephone and Internet service, the unit is also capable of relaying video and radio traffic from forward-deployed locations and sending the broadcasts to a Web page in a local command